

Maryland Morning

9:00 am

Tue April 22, 2014

# Examining the Relationship Between Women and Drinking

By [Sheilah Kast](#) & [Jamyla Kay](#)

Sheilah Kast talks with author Ann Dowsett Johnston and Dr. David Jernigan.

Writer and educator Ann Dowsett Johnston grew up with an alcoholic mother. Ann thought liquor was something she'd be able to deal with, and for years she did. It took her years to realize alcohol had become her demon. After she went into recovery, she applied her skills as a journalist, and her experience, to writing [\*Drink: The Intimate Relationship Between Women and Alcohol\*](#).

Ann Dowsett Johnston came to Baltimore over the winter, and she discussed girls, women and drinking at the [Center on Alcohol Marketing and Youth](#) at the Johns Hopkins Bloomberg School of Public Health. While Dowsett Johnston was in town, she and the Center's director, [Dr. David Jernigan](#), came by the studio.

In this interview with Sheilah Kast, Dowsett Johnston and Dr. Jernigan discuss women's drinking habits and how liquor ads target women.

Link to audio:

[http://cpa.ds.npr.org/wyprmain/audio/2014/04/Web\\_extra\\_pushback\\_from\\_the\\_book.mp3](http://cpa.ds.npr.org/wyprmain/audio/2014/04/Web_extra_pushback_from_the_book.mp3)